

Appendix C

Late Start Time Administrator Survey

May 2018

- Administrators from all 32 schools responded to the survey.
- 3 responses were from Vice-Principals, 29 were from Principals
- Average start time reported by the administrators was 8:37
- The most common current start time reported by principals was 8:30 (13 schools); the next most common start time was 8:40 (9 schools)
- When asked about the impact of a late start on school life, 16 Administrators provided primarily negative consequences, 10 administrators provided positive consequences, 6 administrators were not sure or provided both positive and negative comments
 - The most common negative consequences listed by administrators included conflicts with after school jobs, sports, night school, family commitments
 - Administrators also commented on possible negative effects on school athletics, coop programs, attendance, special education bussing, and student achievement
 - Administrators also mentioned TTC concerns travelling out of rush hour, with fewer connections, and reduced safety
 - The most common negative responses mentioned by administrators included better attendance, students better rested and more alert, possible better transportation, opportunities for morning sports and arts practices
- When asked about the impact of a late start on student achievement, 20 administrators reported that they thought that it would have a positive effect, 6 thought that it would have a negative effect, and 6 thought that it would have no effect
 - The most common comment listed by administrators was that this policy would help with improved sleep/rest, reduce stress and allow

- students to be more aligned with their internal clocks – as well as improved time on work and improved achievement
- Some administrators commented that late starts would help with student transportation
 - Some administrators commented that current occasional late starts have no impact on student sleep, attendance or achievement
 - When asked about the impact of a late start on home life, 15 administrators said that it would have a negative effect, 12 were neutral and 5 said that it would have a positive impact
 - The most common from administrators was that a late start would have a negative impact on students taking care of younger siblings
 - Some administrators also commented on negative effects on student jobs and after school activities (sports, dance)
 - Some administrators commented that a late start would help to facilitate balancing part time jobs with school work (being able to sleep in), as well as taking care of siblings (e.g., taking younger siblings to school, then being on time for class)
 - When asked about the impact a late start would have on staff and if there would be union implications, administrators were mixed on whether teachers would see this as a positive or negative change, although, most administrators indicated that this would cause concerns with teachers unions
 - Some administrators commented on the negative effects this might have on childcare, others commented that this might alleviate pressures dropping off children in the morning to child care
 - Some administrators commented that late starts (and subsequent late finish) might have a negative impact on staff volunteering for after school activities and sports
 - Some administrators commented that this might help staff avoid morning traffic – more staff might be on time more often
 - Many administrators commented on equity issues – some teachers may want to go to one school or another due to the start time – also, within schools, current collective agreement conditions would need to continue to be enforced
 - When asked if they would be in favour of a late start, 6 administrators said yes, 16 said no and 10 were not sure

- When asked to suggest a proposed late time, the average time was 9:38, with the most common time being 10:00
- When asked if the administrators thought that their school communities would be in favour of a late start, 3 said yes, 8 administrators thought that their communities would not be in favour, and 21 were not sure.
- When asked about reasons why the community would be in favour of not in favour of changing school time, several administrators commented on the impact of change and the fact that many people do not like significant change
 - Most administrators indicated that they were really not sure how their community would react to a late start
 - Some administrators indicated that a change would not have a significant impact on the school
 - Several administrators commented that a late start would negatively impact after school sports, jobs, activities and child care
 - Some administrators commented that an early start allows for a more balanced life for staff (not driving home in the dark)