

Appendix C- Toronto School Incident

Incident that occurred to Child in Toronto school:

Through my website, Facebook, word of mouth my campaign grew and On December 14, 2016 I receive this email from my website from a very concerned teacher asking for help.

Hi there. My name is xxxx and I am a grade 4 teacher at xxxxxxxx School. Last Friday I had a terrifying experience with one of my ESL students who has type 1 diabetes. He had a massive 4 minute seizure from an extreme low. He stopped breathing. Myself and the VP performed CPR on my student who began to breathe 40 seconds later. This event has made me obviously much more aware of this students needs. He is extremely shy and quiet, and doesn't have much English. I would love to have a coffee with you and invite other staff members to sit in. I feel as though most of us don't have much knowledge of type 1 diabetes and clearly, you can be in a life-threatening situation when you least expect it.

- I went to visit this teacher and some of her staff members. I brought coffee, we sat for an hour, chatting about Type 1 diabetes , my 10 point process and Anna's safety plan - as an example.
- Later that night, I receive this email from that wonderful caring and inspiring teacher

Hi Lisa,

I REALLY want to thank you for coming to my school today and talking to myself and my colleagues. I learned so much about Diabetes Type 1, and I appreciated your insight into how to support children at school who have this condition. This was SUCH an important conversation to have, and this information must be passed on to anyone working with children. I am going to do my part at XXXXXXXX school and discuss this at our next staff meeting. XXXX is going to write up some safety plans for the kids at our school with diabetes. All teachers need to know who these kids are, what symptoms to look for and what action to take.

THANK YOU for meeting with us today. I really enjoyed our talk.

Hope to talk soon.

[Name of Teacher] xoxo

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