STEPS

**BIKING** 

**FITNESS** 





**FRIENDS** 



SUMMER

**SKILLS** 



**MUSIC** 



**SPORTS** 



CRAFTS

A summer day camp for children and youth of all abilities www.stepsprograms.com

416 - 723 - 4745

## Skill Development and Independence

At SummerSkills our goal is to provide an environment in which our campers can develop self-confidence and independence, feel good about their abilities and achievements, and have fun!

To accomplish this we incorporate skill development and learning opportunities into every activity. Camp days are busy but we ensure that each camper can participate as fully and independently as possible at their own level of comfort and ability.

## Physical Activity

Physical activity is a priority at SummerSkills. Physical activitities offer endless opportunities for both challenge and success. Increased health and fitness levels ensure that everyone feels better, mentally and physically. Every day our campers bike, participate in pilates work outs, develop sports skills, and play active games.

#### Biking

Every camper is provided with the equipment and support to ride a bike successfully. We regard biking as a crucial skill that all children and youth should have the opportunity to master. Regardless of ability, biking provides opportunities for increased physical activity, inclusive social interaction and greater mobility.

We have a large collection of adapted bicycles and are able to provide a suitable bike to every participant in the program. We have extensive experience teaching all levels of biking for over twenty years through our Xceptional Biking program.

## Social Skills and Group Inclusion

Throughout the camp day there are many opportunities for campers to be part of both large and small groups while involved in sports, games and other special camp activities, including our 'build, paint and plant' garden box project!

Being part of a group fosters a sense of belonging and acceptance. Everyone learns to respect and appreciate each other's abilities and contributions. Older and more independent campers can choose to take a leadership role with younger or less independent campers.

#### Gardening, Music, Crafts and more...

Even though we spend a lot of time on the trails and in the gym, we still make time for some other great activities including music, gardening, and arts & crafts!

# 2019 Program Details

SummerSkills is located at WillowWood School. The school is located at 55 Scarsdale which is one

Session Dates	Fees: Full Day	Half Day	Campers may require extra support to participate fully in the program. SummerSkills can provide this at an added
July 2 – July 12	\$891.00	\$540.00	
July 15 – July 26	\$990.00	\$600.00	cost. We would be happy to meet with families to assess the level of support their camper might need for a successful camp
July 29 - August 9	\$891.00	\$540.00	experience.

# Summer Skills 2019 Application Form

Camper Informat	ion:		
Camper's Name:			
Camper's Age:	Birth Date:		
Parents' Names:			
Address:			
City:	Pos	tal Code:	
Home Phone:	Bus. Phone (	Mom):	Cell Phone
	Bus. Phone (	(Dad):	Cell Phone
Email Address:			
<b>Emergency Cont</b>	act:		
Name:	Relation to	Camper:	
Home Phone:	Bus. Phone	ə:	
Destes			
Health Card #:			
If your child has a di	sability please give a brief descript	ion:	
Please indicate sess Session 1 July 2		Full Day \$891.00	Half Day (please indicate AM or PM)\$540.00
Session 2 July 15	- July 26 (10 days)	\$990.00	\$600.00
Session 3 July 29	- August 9 (9 days)	\$891.00	\$540.00
Payment Proce	dures		
Applications require			
• a current dep	osit of \$300.00 (Half-day clie		l amount)
a <u>cheque date</u>	ed June 1, 2019 for the remain	ing balance	
	not be accepted unless acco		
Please make chec	lues payable to Laura Hunter's	STEPS Programs Inc	c. Interac Transfers also accepted.
Refund Policy			
·	00 administration fee are refundab	•	
All fees are non	-refundable after June 1, 2	<u>019</u>	
	tions can be emailed to jesse@s 2175 Avenue Road Unit #110, To		by postal mail to:
Inc. <u>Please note that</u> I agree to give the plant	at applications will not be acceptogram staff permission to act on r	oted unless both ched my behalf in case of an e	emergency
I give permission for promotional/education		otaped during these pro	grams. Photographs may be used for
Parent's (or Guardia	n's) Signature:		Date: