

FASD A source of accurate, up-to-date FASD information for Ontario

New! Click here to discover the latest Health Nexus website.



Best Start by Health Nexus, formerly Ontario's Maternal Newborn and Early Child Development Resource Centre, supports service providers working on preconception health, perinatal and newborn health and early child development and education.

Information Exchange

We connect you to current trends in preconception health, prenatal health and early child development and education. Contact us if you have a question or sign up for our electronic bulletins and online networks (listservs).

Subscribe

Electronic Bulletins

- MNCHP Bulletin** Maternal, Newborn and Child Health Promotion Bulletin
- Bulletin de santé maternelle et infantile** Bulletin de santé maternelle et infantile
- OPEN News Brief** OPEN News Brief
- FASD / TSAF Ontario Bulletin** FASD Ontario

Online Networks (listservs)

- MNCHP** Maternal Newborn and Child Health Promotion Network
- BSASC** Best Start Indigenous Sharing Circle Network
- RSMI** Réseau de Santé Maternelle et Infantile
- HBHC** Healthy Babies Healthy Children Network for HBHC program staff
- OPEN** Ontario Prenatal Education Network
- FASD Ontario Network** FASD Ontario Network

Resources and Research

We offer a variety of resources that range from fact sheets, brochures, decals, posters, videos to program planning guides and reports. Browse and download them free of charge, adapt them, or refer your clients to them!



The FASD Ontario Website: a source of accurate, up-to-date FASD information for Ontario



Make sure families know where to find our trustworthy resources: distribute our bilingual flyer for parents!



Pregnancy and alcohol don't mix. Visit our newly revised bilingual alcohol and pregnancy website for parents AND service providers!



Atuqsijut: Following the Path Sharing Inuit Specific Ways

News and Events

Best Start Conference 2020 – Building Healthy Brains

Webinar: Infant and Early Mental Health in an Indigenous Context - Feb 4th, 12PM

Webinar : La santé mentale des tout-petits : Les éléments fondamentaux et une application pratique (in French) - Jan 29, 1pm

Webinar: Why ACEs Impact Neurological Development? - Jan 21st, 12PM

Webinar Recordings

New!

Best Start's Online Resources Platform

