How is video used when learning online?

1. Prerecorded Video or Audio:
   - asynchronous communication of a presentation or demonstration
   - not interactive in real time with presenter
   - allows for self-directed and self-paced viewing

2. Video Conferencing:
   - synchronous communication that support two-way interaction in real time
   - users meet via video or audio without having to be at a single location
   - allows for feedback and questions to be addressed in real time

Good Judgment While Using Video

It is everyone's responsibility to foster a caring, safe, inclusive and accepting learning environment, including when online.

Parents/Guardians and students are invited to review the following documents:

- Catholic Graduate Expectations
- Signed Student Internet Agreements (K-Gr 3, Gr 4-8, Gr 9-12) as part of the TCDSB Acceptable Use Policy A.29
- TCDSB Code of Conduct and local school codes of conduct

Report incidents of inappropriate behaviour occurring online to the classroom teacher, vice-principal or principal.

Inappropriate student behaviour will be addressed by the school and may be subject to progressive discipline.

For more information visit Safe Schools
Supporting Student Safety in a Virtual Environment
Stay Safely Connected While Learning Online

Tips for Students

- Find a quiet space
- Ensure no one else is on camera
- Keep meeting links private to the classroom
- Wear clothing appropriate to school
- If you are feeling shy or uncomfortable participating in a video conference, discuss options with your teacher

Expectations when learning online

- Come prepared to participate
- Behave appropriately
- Treat others with respect
- Join the meeting on time
- Follow your teacher’s instructions
- Keep your password(s) private
- Recording the meeting is not permitted
- Submit your own work only

When engaging in video conferencing

- Take a 5 minute movement break every hour
- Try to take breaks away from the screen regularly
- Make sure you stay hydrated

Remember self-care

If you receive hurtful information, report it to a parent / guardian, teacher or other trusted adult. You can also access KidsHelpPhone.ca

For more information visit Safe Schools