

# Appendix A:

## Student and Family Community Resources

It is our calling as a Catholic school board to serve our communities through the principles of social justice, with compassionate pastoral care, guided by an anti-racist and anti-oppressive Gospel lens. TCDSB staff have a strong tradition of nurturing students and families through collaborative pathways of care, rooted in our Catholic faith and focused on nurturing inclusive school communities. These supports are available to all students. Supports may include guidance and counselling services through our guidance staff, social-emotional supports through our Child and Youth Workers, clinical supports by accredited school social workers, and psychologists, and pastoral care through our chaplaincy team members, teachers, and administrators.

Arising out of a delegation to the Student Achievement and Well-Being Committee meeting on January 14, 2021, this appendix includes a list of community resources that are available to support 2SLGBTQ+ students, racialized students, and students experiencing poverty, grief/loss, and homelessness.

Please also note that each TCDSB page includes an [external links disclaimer](#).

NAME OF ORGANIZATION	SERVICED COMMUNITY	DESCRIPTION OF SERVICES	WEBSITE
Abrigo Centre	Portuguese Families	<ul style="list-style-type: none"> <li>• Individual and family counselling, youth counselling and education program, settlement, orientation and employment counselling, assistance with forms, liaison with all Portuguese-speaking communities.</li> </ul>	<a href="http://www.abrigo.ca">www.abrigo.ca</a>
Agincourt Community Services Association	Youth	<ul style="list-style-type: none"> <li>• Services addressing systemic poverty, hunger, housing, homelessness, unemployment, accessibility and social isolation</li> </ul>	<a href="http://www.agincourtcommunityservices.com">www.agincourtcommunityservices.com</a>
All Inclusive Ministries (AIM)	2SLGBTQ+	<ul style="list-style-type: none"> <li>• Based in Our Lady of Lourdes Parish in Toronto</li> <li>• Welcoming, safe, and affirming Catholic community.</li> <li>• Bridge between the Church and lesbian, gay, bisexual, and transgender persons.</li> <li>• Families and friends are welcomed as well.</li> </ul>	<a href="https://www.allinclusiveministries.org/">https://www.allinclusiveministries.org/</a>
Archdiocese of Toronto	Youth and Families	<ul style="list-style-type: none"> <li>• Programs and Workshops, Youth Ministries, Young Adult Ministries, Vocations</li> <li>• COVID-19 Resources</li> </ul>	<a href="https://www.archtoronto.org/">https://www.archtoronto.org/</a>

		<ul style="list-style-type: none"> <li>• Pastoral Ministries, Social Justice and Outreach</li> <li>• Family Life, Bereavement</li> <li>• Chaplaincy, Lay Associations</li> </ul>	
Black Youth Helpline	Black Families	<ul style="list-style-type: none"> <li>• Multicultural helpline and services for children, youth, families, school boards and other youth serving organizations.</li> <li>• Culturally appropriate assessments, supports and services for Black youth and families.</li> <li>• Individual and family counselling, support groups, youth development workshops and 'Stay-In-School' initiatives.</li> </ul>	<a href="https://blackyouth.ca/">https://blackyouth.ca/</a>
CAF CAN (Caribbean African Canadian Social Services)	Black Families	<ul style="list-style-type: none"> <li>• Counselling for Black/African/Caribbean families</li> </ul>	<a href="https://cafcan.org/">https://cafcan.org/</a>
Catholic Charities	Youth and Families	<ul style="list-style-type: none"> <li>• Social services, leadership and advocacy for its member agencies and the people they serve.</li> <li>• Catholic Social Teaching that focuses on the poor and marginalized and urges all to</li> </ul>	<a href="https://www.catholiccharities.org/">https://www.catholiccharities.org/</a>

		build a just society and to safeguard human dignity.	
Catholic Crosscultural Services	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Newcomers, employment, counselling, recreation, mental health, housing, youth, women</li> </ul>	<a href="https://www.cathcrosscultural.org/">https://www.cathcrosscultural.org/</a>
Catholic Family Services Counselling Program	Youth and Families	<ul style="list-style-type: none"> <li>• Individual, couple, family and group counselling.</li> <li>• Counsellors recognize and sensitively respond to differences in cultural, racial, gender, and religious backgrounds of clients.</li> </ul>	<a href="https://www.cfstoronto.com/">https://www.cfstoronto.com/</a>
Central Toronto Youth Services – Pride & Prejudice Program	2SLGBTQ+	<ul style="list-style-type: none"> <li>• Support with issues related to gender identity and/or sexual orientation and the impact on mental health</li> <li>• Support during a life transition.</li> <li>• Support for those struggling with depression or anxiety, or confronting traumatic experiences, including childhood abuse or family violence.</li> <li>• Help for clients to make sense of and build resilience</li> </ul>	<a href="http://ctys.org/program/pride-prejudice/">http://ctys.org/program/pride-prejudice/</a>

		<p>to cope with a variety of complex struggles.</p> <ul style="list-style-type: none"> <li>• Youth are encouraged to explore and embrace their own individuality and identity.</li> <li>• Family Counselling and Parent support/education</li> </ul>	
Centre for Immigration and Community Services of Ontario	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Employment, counselling, recreation, mental health, housing, newcomers, youth, women</li> </ul>	<a href="http://www.cicscanada.com">www.cicscanada.com</a>
Centre for Spanish Speaking People (CSSP)	Spanish-Speaking Families	<ul style="list-style-type: none"> <li>• English; Spanish</li> <li>• Reception and settlement services, information, counselling and referral, assistance finding housing, help filling citizenship or permanent resident card forms, job search skills.</li> <li>• Youth Program, outreach and employment support for youth 13-24 years, counselling and referral, housing help, recreational programs</li> <li>• Tutoring programs at St. Jane Frances, St Jude, St Francis de Sales</li> </ul>	<a href="http://www.spanishservices.org/en/">http://www.spanishservices.org/en/</a>

Chinese Family Services of Ontario	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Newcomers, Employment, counselling, recreation, mental health, housing, youth, women</li> </ul>	<a href="http://www.Chinesefamilyso.com">www.Chinesefamilyso.com</a>
Covenant House	Youth	<ul style="list-style-type: none"> <li>• Largest agency in Canada serving youth who are homeless, trafficked or at risk.</li> <li>• Inclusive, intentional and impactful.</li> <li>• Widest range of 24-7 services to more than 300 young people each day.</li> <li>• Comprehensive youth-driven programming is centered on unconditional love, absolute respect and relentless engagement.</li> </ul>	<a href="https://covenanthousetoronto.ca/">https://covenanthousetoronto.ca/</a>
Culturelink Services	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Newcomers, Employment, counselling, recreation, mental health, housing, youth, women</li> </ul>	<a href="https://www.culturelink.ca/">https://www.culturelink.ca/</a>
Delta Family Resource Centre	Black Families	<ul style="list-style-type: none"> <li>• 35-year strong non-profit and community-based agency delivering a range of services to isolated and marginalized communities in Northwest Toronto.</li> </ul>	<a href="https://dfrc.ca/newsite2/services/">https://dfrc.ca/newsite2/services/</a>

		<ul style="list-style-type: none"> <li>• Support to parents, children, youth, seniors, and Black communities</li> <li>• Innovative programs and activities that meet the ever-evolving needs of the diverse communities it engages and serves</li> </ul>	
Filipino Centre Toronto	Filipino Families	<ul style="list-style-type: none"> <li>• Homework Club Program</li> <li>• Outstanding Filipino Student Award; Filipino community cultural programs</li> </ul>	<a href="https://www.filipinocentretoronto.com/">https://www.filipinocentretoronto.com/</a>
Kababayan Multicultural Centre	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• You and Canada Program, orientation for newcomers, settlement services, counselling for Filipino families, summer youth camp, after school program for students, mentoring program</li> </ul>	<a href="https://www.kababayan.org/services">https://www.kababayan.org/services</a>
Kapisanan Philippine Centre	Filipino Families	<ul style="list-style-type: none"> <li>• Safe space for Filipino-Canadian youth, both second generation and newcomers</li> <li>• Youth activate their creativity to explore identity, fostering pride and self-confidence, inspiring and empowering them to realize their full potential.</li> </ul>	<a href="http://www.kapisanancentre.com/">www.kapisanancentre.com/</a>

Kids Help Phone	Youth	<ul style="list-style-type: none"> <li>• Canada's only 24/7, national support service.</li> <li>• Professional counselling, information and referrals and volunteer-led, text-based support to young people in both English and French.</li> </ul>	<a href="https://kidshelpphone.ca/">https://kidshelpphone.ca/</a>
<p>Lumenus reach Out</p> <p>Lumenus The Studio</p>	2SLGBTQ+	<ul style="list-style-type: none"> <li>• Broad range of high quality mental health, developmental and community services for infants, children, Youth, individuals and families across Toronto.</li> <li>• reachOUT is a creative, inclusive and accessible program for 2SLGBTQ+ youth providing family and individual counselling in the Greater Toronto Area.</li> <li>• The Studio is an inclusive, youth-driven drop-in centre that openly celebrates 2SLGBTQ+ youth and racialized youth.</li> </ul>	<p><a href="https://lumenus.ca/programs-services/">https://lumenus.ca/programs-services/</a></p> <p><a href="https://lumenus.ca/programs-and-services/reachout/">https://lumenus.ca/programs-and-services/reachout/</a></p> <p><a href="https://lumenus.ca/programs-and-services/the-studio/">https://lumenus.ca/programs-and-services/the-studio/</a></p>
Midaynta Community Services	Black Families	<ul style="list-style-type: none"> <li>• Settlement, youth, counselling</li> </ul>	<a href="https://midaynta.com/">https://midaynta.com/</a>



North York Community House	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Newcomers, employment, counselling, recreation, mental health, housing, youth, women</li> </ul>	<a href="https://www.nych.ca/#overview">https://www.nych.ca/#overview</a>
PFLAG Canada	2SLGBTQ+	<ul style="list-style-type: none"> <li>• Canada's only national organization that offers peer-to-peer support</li> <li>• Help to all Canadians with issues of sexual orientation, gender identity and gender expression.</li> <li>• Supports, educates and provides resources to anyone with questions or concerns.</li> </ul>	<a href="https://pflagcanada.ca/">https://pflagcanada.ca/</a>
Settlement Assistance and Family Support Services	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Newcomers, employment, counselling, recreation, mental health, housing, youth, women</li> </ul>	<a href="http://www.safss.org">www.safss.org</a>
Strides	Youth and Families	<ul style="list-style-type: none"> <li>• Formerly Aisling Discoveries Child and Family Centre and East Metro Youth Services</li> <li>• Multi-service agency addressing the needs of children, youth, their parents and families.</li> </ul>	<a href="https://stridestoronto.ca/">https://stridestoronto.ca/</a>

		<ul style="list-style-type: none"> <li>• Located in east Toronto; services are predominately provided in the communities of East York and Scarborough</li> </ul>	
Supporting Our Youth (SOY)	2SLGBTQ+	<ul style="list-style-type: none"> <li>• An innovative community development program of Sherbourne Health.</li> <li>• Supports the health and well-being of all queer and trans spectrum youth 29 years old and under through groups, programs and events, and by providing one-on-one support.</li> </ul>	<a href="https://soytoronto.com/programs/">https://soytoronto.com/programs/</a>
TAIBU Community Health Centre	Black Families	<ul style="list-style-type: none"> <li>• Family health</li> </ul>	<a href="http://taibuchc.ca/en/">http://taibuchc.ca/en/</a>
The 519	2SLGBTQ+	<ul style="list-style-type: none"> <li>• City of Toronto community centre committed to the health, happiness and full participation of the LGBTQ2S communities.</li> <li>• Promotes inclusion, understanding and respect.</li> </ul>	<a href="https://www.the519.org/programs">https://www.the519.org/programs</a>
TNO-The Neighbourhood Program	Newcomers, Family and Community Services	<ul style="list-style-type: none"> <li>• Child and youth, family, counselling, housing, newcomer, seniors, community programs,</li> </ul>	<a href="https://tno-toronto.org/">https://tno-toronto.org/</a>

		language, women, health and trades	
Toronto Chinese Community Services Association	Chinese Families	<ul style="list-style-type: none"> <li>• Settlement services, education and language training, community and youth development</li> </ul>	<a href="http://www.tccsa.on.ca">http://www.tccsa.on.ca</a>
Tropicana Community Services	Black Families	<ul style="list-style-type: none"> <li>• Counselling services, youth and success</li> </ul>	<a href="http://www.tropicanacommunity.org">www.tropicanacommunity.org</a>
Youth Without Shelter	Youth Experiencing Homelessness	<ul style="list-style-type: none"> <li>• Shelter and support for Youth facing homelessness in the GTA</li> </ul>	<a href="https://yws.on.ca/#">https://yws.on.ca/#</a>
YouthLine	2SLGBTQ+	<ul style="list-style-type: none"> <li>• Queer, Trans, Two-Spirit youth-led organization</li> <li>• Affirms and supports the experiences of youth (29 and under) across Ontario.</li> </ul>	<a href="https://www.Youthline.ca/">https://www.Youthline.ca/</a>