

2021-2022 - Professional Learning Plan - Outdoor/Health/Physical Education						
Priority: Focus	Initiative	Details and Timeline	Grade(s)	# of Schools	# Teachers/School	Monitoring
MHWBE: Improve Student Mental Health & Well Being	Strong Minds Strong Kids - Kids Have Stress Tool And Stress Lessons Refresher course	Provide implementation support for the Kids Have Stress Tool and Stress Lessons programs by modelling lessons and exploring the resource content. Implementing the program provides a comprehensive approach that will help young people develop resilience and positive coping skills related to Social Emotional Learning and Mental Health Literacy. Virtual PD sessions for HPE educators with their students hosted by Strong Minds Strong Kids. Timeline: Elementary (Jan) Secondary (Feb)	Elementary (K-8) & Secondary (9-12)	All	1/School	Follow up with teachers for feedback, collect evidence of implementation, implementation touchpoint - collaborate with teachers to improve/adjust the learning to suit the needs of their students, impact follow up - what impact has the new learning had on student achievement and well being.
MHWBE: Improve Student Mental Health & Well Being	Cannabis Education: Professional Learning, Parent Engagement & Resource Development	Cannabis Education building capacity on safe schools policy, mitigating factors, educational and curriculum supports, building safe and inclusive spaces for students to dialogue about harm reduction, and parent engagement to support student well-being. HPE educators will be given curriculum connections and resource supports to encourage open and safe dialogue with students about cannabis. [In collaboration with Mental Health Team, Safe Schools, NCC] Timeline: Multiple Sessions beginning in November	Elementary (6-8) & Secondary (9-12)	All	Open to all HPE teachers	Follow up with teachers for feedback, collect evidence of implementation, implementation touchpoint - collaborate with teachers to improve/adjust the learning to suit the needs of their students, impact follow up - what impact has the new learning had on student achievement and well being.
ACH: Improve Conditions for Learning	Teaching Games for Understanding Professional Learning & Resource Supports	These in-person sessions will build educator capacity on using effective instructional strategies that support all grade 4-8 learners through the use of inquiry and differentiation and will further support HPE teachers through resource implementation. This includes visiting classes in-person to work with teacher and students. Timeline: Elementary (December - March)	Elementary (4-8)	All	Open to all HPE teachers	Continuation of opportunities for teacher self reflection of practices and pedagogy. Opportunities for co-teaching
HRE: Culturally Responsive Pedagogy & Instructional Equity	Cricket Initiative: Create culturally responsive programs	Educators will be supported with implementation tools for engaging students in the skills of the game of cricket. Exposing students to a wider variety of culturally responsive activities and providing access to equipment promoting inclusive practices in physical education. This includes visiting classes in-person to work with teachers and students. Timeline: March - June	Secondary (9-12)	All	Open to all HPE teachers	Follow up with teachers for feedback, collect evidence of implementation, implementation touchpoint - collaborate with teachers to improve/adjust the learning to suit the needs of their students, impact follow up - what impact has the new learning had on student achievement and well being. Opportunities for co-teaching
ACH: Improve Conditions for Learning	Natural Curiosity: Outdoor Exploration	To promote outdoor investigation, provide schools with an Outdoor Education Kit with supporting lessons. This virtual session will take teachers with their students through the parts of the Outdoor Education Kit along with a sample lesson. Time will be given for outdoor exploration. Timeline: January - March	Elementary (K-3, 4-8)	All	Open to all K-8 teachers	Collect evidence of implementation and use of lessons, provide implementation touchpoints and opportunities for continued co-teaching
ACH: Improve Conditions for Learning	Meaningful Assessment with Edwin for Health & Physical Education	This virtual professional learning opportunity will be offered to teachers teaching the HPE curriculum on meaningful assessment and use of Edwin's digital collections. The focus will be on the use of effective assessment strategies that support all learners while highlighting some of the tools in Edwin's digital collections. Virtual PD sessions for HPE educators with their students.	Elementary (5-8) & Secondary (9&10)	All	Open to all HPE teachers	Continuation of opportunities for teacher self reflection of practices and pedagogy
MHWBE: Improve Student Mental Health & Well Being	Menstrual Equity & Education					