

2022-2023 - Professional Learning Plan - Health & Physical Education							
BIEP Priority: Focus	Initiative	Details	Grade(s)	# of Schools	# Teachers/ Schools	# Days/Teacher	Monitoring
Mental Health, Well-being and Engagement	Catholic Leaders Engaged in Active Play (C-LEAP)	Proactive and preventative model for building safe and inclusive schools, making connections to safe play and promoting healthy relationships and social emotional-learning. Timeline: January  Collaboration with Safe Schools, Health & Physical Education, and Catholic Student Leadership	K-8	10	1	2	Student and teacher engagement Feedback Surveys Observational Checklist Zoom Support with Lead teachers In-person visits with student leadership teams that require further implementation support (from HPE Dept. or Catholic Student Leadership)
Mental Health, Well-being and Engagement	Kids in the Know: Online Safety & Consent	Collaboration with Mental Health Department & Safe Schools In-servicing for educators teaching the Health curriculum on the 'Kids in the Know' program. Training (Half Day). Timeline: January & February	K-3	60	2	0.5	Student and teacher engagement Feedback Surveys Observational Checklist
Mental Health, Well-being and Engagement	Menstrual Health Education	This virtual session will showcase the various Menstrual Health education resources available for educators to use in their classrooms. Timeline January	4-8	163	1	0	Student and teacher engagement Feedback Surveys Observational Checklist
Human Rights and Equity	Gendered HPE: Supporting 2SLGBTQ+ Inclusion	This virtual session will provide information about classroom and culture shifts educators can embed in their programming to create more welcoming PHE environments. Collaboration with Equity Dept.	K-8 & 9-12	196	1	0	Student and teacher engagement Feedback Surveys Observational Checklist
Human Rights and Equity	Cricket Initiative: Create culturally responsive programs	Educators will be supported with implementation tools for engaging students in the skills of the game of cricket. Exposing students to a wider variety of culturally responsive activities and providing access to equipment promoting inclusive practices in physical education. Timeline: March - June	4-8 & 9-12	20	1	1	Student and teacher engagement Feedback Surveys Observational Checklist
Pathways and Transitions	Cultivate and Develop Health & Physical Education Leadership to build capacity in schools	HPE Department Heads and an HPE colleague will engage and collaborate in professional learning sessions. Topics will include Mental Health Literacy & Consent Timeline: February	9-12	33	2	2	Student and teacher engagement Feedback Surveys Observational Checklist
Mental Health, Well-being and Engagement	CPR & First Aid Training for Secondary HPE Departments	First Aid & CPR Recertification and Certification for secondary HPE educators to meet safety requirements from OPASSE. No release time required.	9-12	33	2	2	