## **OCSTA MOTION**

MOVED BY: Trustee Maria Rizzo

SUBJECT: Mental Health and Well Being

and enhanced funding for new and existing active school travel

initiatives

Whereas, public health agencies have repeatedly stated the importance of being active for student health and well-being; and

Whereas, reports from public health agencies have disclosed that ten percent or fewer of students get the recommended daily physical activity; and

Whereas, due to transportation pressures, fewer Catholic schools and longer distances result in many more children being transported or driven to school; and

Whereas, cars in school zones present a significant risk to student and staff safety and well-being, as well as increasing traffic congestion and pollution especially in large urban centres; and

Whereas, the Ministry of Education, through school boards, now spends in excess of \$1 billion per year on motorized school transportation (i.e. bussing) that moves only 40percent of students province-wide, yet there is little to no support for the other 60 percent of students' travel; and

Therefore be it resolved that OCSTA is) write to the appropriate Provincial and Federal Ministries (Education, Health, Transport, etc.) to request proactive communication, education programs and financial support for active school travel initiatives; and

ii) encourage the Premier and Prime Minister to enhance funding for new and existing active school travel initiatives; and

Further be it resolved that OCSTA invite other school boards and member associations to advocate to governments for support and partnerships