

Priority: Focus	Initiative	Details and Timeline	Grade(s)	# of Schools	# Teachers/ School	# Days/Teacher	Total # Days
Mental Health, Well-being and Engagement	Threat Assessment Part 1: Theory	This professional learning increases participants' understanding of the threat assessment process that is designed to support students in crisis and to develop appropriate interventions and scaffolding that are culturally relevant and trauma informed. Held on October 17, 2023 and February 6, 2024.	K - 12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Addressing Challenging Behaviour in Adolescents	This professional learning assists participants in developing an understanding of challenging youth behaviour. Practical intervention strategies will be discussed including how students can access support. Held on October 18, 2023.	9-12	33	25/All Schools	1	25
Mental Health, Well-being and Engagement	Effective Classroom Management: Hacking School Discipline (9 Ways to Create a Culture of Empathy, Responsibility Using Restorative Justice)	This professional learning is based on the resource Hacking School Discipline (9 Ways to Create a Culture of Empathy, Responsibility Using Restorative Justice). Topics addressed include strategies on how to build a culture of responsible students and independent learners. Held on October 24, 2023.	K-8	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	C-L.E.A.P. Initiative (Catholic Leaders Engaging in Active Play)	This program is designed to promote positive school climate, reduce conflict at recess and develop leadership skills among junior and intermediate students. Held on November 2, 2023.	5-8	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	Bullying Awareness, Prevention, Intervention & Supports	This professional learning, rooted in our Catholic faith, emphasizes the dignity of all persons, the importance of addressing bullying behaviours, promoting healthy relationships, and nurturing inclusion in our school communities. Held on November 8, 2023.	K-8	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	Threatening, Worrisome Behaviours and Interventions	This professional learning introduces the topic of Threat Assessment and how this process relates to students who are presenting with worrisome behaviours. Held on November 9, 2023.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Resolution Conference and Mediation Circles (RCMC) Facilitator Training (Part 1)	This professional learning promotes the use of restorative practices to effectively respond to and address incidents involving conflict among students. Held on November 15, 2023 and March 7, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	How to Create an Anti-Racist and Anti-Oppressive Classroom	This professional learning centres on self-reflection and implicit bias, culturally responsive pedagogy, understanding children and trauma, and practical strategies to create anti-racist and anti-oppressive classrooms in keeping with our Catholic teachings. Held on November 29, 2023.	K-12	200	25/All Schools	1	25

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Mental Health, Well-being and Engagement	Understanding Relational Aggression: J.O.Y. Project Leadership for Girls	This professional learning will address the topic of Relational Aggression, including its origin, as well as interventions and strategies. A component will include the J.O.Y Project, an after-school club to assist female students in developing healthy relationships, provide a safe place for them and teach them alternatives to relationally aggressive behaviours. Held on December 6, 2023.	7-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Empathy: The Social Emotion	This professional learning will address key concepts and strategies that reinforce empathic behaviour in students. Held on December 13, 2023.	K-8	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	Elementary and Secondary Students with Special Needs: Understanding and Responding to Behaviour	This professional learning provides elementary and secondary educators with a foundational understanding of the motivations underlying student misbehaviour. Held on January 10, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Class Meetings: A Restorative Approach	This professional learning is designed to better understand how class meetings can serve as a valuable component of a school-wide bullying awareness, prevention, and intervention plan. Held on January 24, 2024.	K-8	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	Tools to Support Self-Regulation	This professional learning explores the relationship between self-regulation and the brain. Additional areas of focus include tools to recognize implicit bias, the trauma-informed approach, and strategies to promote culturally sensitive environments. Held on January 25, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Art as a Tool to Promote Focus and Calm	This professional learning, developed for classroom teachers, uses the style of Neurographic art as a reflective activity to turn stress into calm. This practice will help students to develop skills to better self regulate, de-escalate and problem solve. Held on February 20, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Anti-Sex Trafficking of Youth: Trauma-informed Prevention and Intervention	This professional learning on the topic of Anti-Sex Trafficking of Youth focuses on gaining an understanding of human trafficking, acquiring the knowledge and skills to identify students who may be at risk, and to provide appropriate intervention and supports, including access to TCDSB and community resources. The Indigenous perspective will also be a key area of focus. Held on February 22, 2024 and May 9, 2024.	K-12	200	25/All Schools	1	25

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Mental Health, Well-being and Engagement	Trauma: Impact and Interventions	This professional learning provides an understanding of trauma in the lives of children. Areas of focus include (i) literature and research on trauma's effect on the brain and its impact on behaviour and learning; (ii) a trauma-informed lens with which to view emotionally dysregulated students; and (iii) practical classroom interventions and strategies. Held on February 29, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Physical Activity to Promote Student Wellness	This professional learning focuses on the Brain Gym program which helps students to increase self-responsibility and self-empowerment which leads to better decision-making skills that promote positive student behaviour. Held on March 6, 2024.	1-6	168	25/All Schools	1	25
Mental Health, Well-being and Engagement	Deconstructing Your Implicit Biases	This professional learning focuses on reflective activities that lead to a better understanding of one's own implicit biases which include our attitudes towards others or stereotypes of people without our conscious knowledge. This new self-awareness will help to nurture safe, caring, inclusive and equitable school climates in our communities. Held on April 3, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Creating a Trauma Informed Classroom: Strategies and Supports	This professional learning will review guiding principles and how they can be used to create a culturally relevant, physically, and emotionally safe and caring learning environment. Held on April 11, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Threat Assessment Part 2: Practical Training	The aim of this professional learning is to increase awareness for practical application when completing preliminary and full threat assessments. Held on April 16, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	The Power of Language in Building Safe School Climates	This professional learning will increase awareness, knowledge, and skills around the power of language in building inclusivity in school communities. It will also provide the foundational knowledge to empower staff to be builders of safer spaces. Held on May 1, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	Supporting Students Outside of Your Lived Experience	This professional learning will focus on examining one's own identity and learning how to support diverse groups of students in our communities. It will also review the steps involved in creating affinity groups in schools. Held on May 15, 2024.	K-12	200	25/All Schools	1	25
Mental Health, Well-being and Engagement	J.O.Y. Project Year End Celebration	Schools who participate in the J.O.Y. Project will attend a year-end celebration to further enhance learning through various workshops and activities. Held on June 5, 2024.	4-12	200	25/All Schools	1	25

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Mental Health, Well-being and Engagement	Bullying Awareness and Prevention Week Launch: Symposiums (Secondary)	Secondary Student Ambassador Symposium will be held in the fall of 2023 (during Bullying Awareness and Prevention Week). Highlights of this event will include emphasis on Gospel values, inclusion and presentations related to healthy relationships, positive school climate, and empathy. Held on November 23, 2024.	9-12	33	25/All Schools	1	25
Mental Health, Well-being and Engagement	Bullying Awareness and Prevention Week Launch: Symposiums (Elementary)	Elementary Student Ambassador Symposium will be held in the fall of 2023 (during Bullying Awareness and Prevention Week). Highlights of this event will include emphasis on Gospel values, inclusion and presentations related to healthy relationships, positive school climate, and empathy. Held on November 22, 2023.	6-8	Approx. 20-25	25/All Schools	1	25
Mental Health, Well-being and Engagement	Spring Symposiums (Secondary)	Secondary Student Ambassador Symposium will be held in the spring of 2024. This event will continue to focus on themes related to our Gospel values, inclusion, healthy relationships, positive school climate, and empathy. Held on April 23, 2024.	9-12	33	25/All Schools	1	25
Mental Health, Well-being and Engagement	Spring Symposiums (Elementary)	Elementary Student Ambassador Symposium will be held in the spring of 2024. This event will continue to focus on themes related to our Gospel values, inclusion, healthy relationships, positive school climate, and empathy. Held on April 24, 2024.	6-8	Approx. 20-25	25/All Schools	1	25