

Appendix A

POLICY SECTION: ~~STUDENTS~~ Schools, Students and Learning

SUB-SECTION: PROGRAMS

POLICY NAME: PHYSICAL ACTIVITIES WITHIN THE
~~PHYSICAL AND HEALTH EDUCATION~~
PROGRAMS

POLICY NO: S.P.07

Date Approved: February 21, 2007	Date of Next Review: November 2022 2030	Dates of Amendments: November 16, 2017; April 1, 2025
Cross References: The Ontario Physical Education Safety Guidelines The Ontario Physical Activity Safety Standards in Education (OPASSE) as managed by the Ontario Physical and Health Education Association (http://safety.ophea.net/)		
Responsible Department: Student Achievement, Innovation and Well-Being Appendix		

Purpose:

~~Board personnel endeavor to serve the diverse needs of all members of the Catholic school community in this regard always placing safety as a high priority. Staff follow the lead of OPHEA that manages the Ontario Physical Education Safety Guidelines which represent the minimum standards for risk management practice in Ontario school boards~~

Policy:

This policy ensures that physical activities in the Physical Education program of our schools are done safely, in accordance with current Ontario Physical Activity Safety Standards in Education (OPASSE) published by the Ontario Physical and Health Education Association (OPHEA).

~~All athletic activities (those incorporated into Health Education Programs and those used for Daily Physical Activity (DPA)) involve an element of risk. An important~~

~~aspect in designing and implementing these programs is the task of ensuring that activities are safe for both students and staff. While participation in certain higher risk activities will entail a voluntary assumption of risk on the part of the student, it is understood that the teacher and other staff supervisors will follow the Ontario Safety Guidelines and use professional judgment and discretion in selecting the appropriate athletic activities designed to meet curriculum objectives. By implementing safe instructional practices as well as inclusion of age appropriate activities in program preparations, planning and daily teaching the teacher will guard against foreseeable risks. At times, it may be necessary to adapt activities to accommodate different ability levels and the unique learning styles of participants. It is the policy of the Board that physical activities in the Physical and Health Education program of our schools will be in accordance with current Ontario Safety Guidelines for Physical Education published by OPHEA. These guidelines are updated on an annual basis every September and are available on the OPHEA website.~~

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This policy is in alignment with the TCDSB's Multi-Year Strategic Plan (MYSP) and reflects Catholic values rooted in the love of Christ.

Scope and Responsibility:

The Director of Education **with the support of Superintendents, Principals and Teachers** ~~is~~ **are** responsible for the implementation of this **policy**. ~~program in alignment with the Multi Year Strategic Plan.~~

Alignment with MYSP:

~~Living Our Catholic Values~~

~~Strengthening Public Confidence~~

Fostering Student Achievement and Well-Being Providing Stewardship of ResourcesPolicy:

Regulations:

1. Recommended or approved activities listed in the ~~appropriate current OPHEA safety guidelines~~ **OPASSE Safety Standards** may be considered subject to the minimum guidelines listed.
2. Activities not listed in the current ~~OPHEA safety guidelines~~ **OPASSE Safety Standards** shall not be used without express written permission from the Central Program Superintendents.
3. Activities not allowed in the current ~~OPHEA safety guidelines~~ **OPASSE Safety Standards** should not be part of the program.

Definitions:

OPHEA - Ontario Physical and Health Education Association OPHEA is a not-for-profit organization that champions healthy, active living in schools and communities through quality programs and services, partnerships and advocacy, and is led by the vision that all children and youth value and enjoy the lifelong benefits of healthy, active living.

OPASSE - Ontario Physical Activity Safety Standards in Education outline the minimum standards for risk management practices that assist teachers/coaches/intramural supervisors/school administrators with the safe implementation of physical activities for all students.

Physical Education Program are school-based physical activities including, but not limited to curricular and intramural/clubs and interschool sports.

Evaluation and Metrics:

1. **This policy will be reviewed every 5 years.**
2. ~~Feedback from principals through scheduled principal meetings and tracking incident reports at the board level.~~