

Appendix B



POLICY NAME:	Physical Activities within the Physical Education Programs
POLICY SECTION:	Schools, Students and Learning
DATE APPROVED:	February 21, 2007
DATE OF NEXT REVIEW:	2030
DATES OF AMENDMENTS:	November 16, 2017; April 1, 2025
RESPONSIBLE DEPARTMENT:	Student Achievement, Innovation and Well-Being

Policy:

This policy ensures that physical activities in the Physical Education Program of our schools are done safely, they must be in accordance with current Ontario Physical Activity Safety Standards in Education (OPASSE) published by the Ontario Physical and Health Education Association (OPHEA).

This policy is in alignment with the TCDSB’s Multi-Year Strategic Plan (MYSP) and reflects Catholic values rooted in the love of Christ.

Scope and Responsibility:

The Director of Education with the support of Superintendents, Principals and Teachers are responsible for the implementation of this policy.

Regulations:

1. Recommended or approved activities listed in the appropriate current OPASSE Safety Standards may be considered subject to the minimum guidelines listed.
2. Activities not listed in the current OPASSE Safety Standards shall not be used without express written permission from the Central Program Superintendents.
3. Activities not allowed in the current OPASSE Safety Standards should not be part of the program.

Cross References:

The Ontario Physical Activity Safety Standards in Education (OPASSE) as managed by the Ontario Physical and Health Education Association (<https://safety.ophea.net/>)

Definitions:

OPASSE - Ontario Physical Activity Safety Standards in Education outline the minimum standards for risk management practices that assist teachers/coaches/intramural supervisors/school administrators with the safe implementation of physical activities for all students.

Physical Education Program are school-based physical activities including, but not limited to curricular and intramural/clubs and interschool sports.

Evaluation and Metrics:

1. This policy will be reviewed every 5 years.