



REPORT TO

REGULAR BOARD

MENTAL HEALTH AND WELL-BEING POLICY

When the righteous cry for help, the Lord hears, and rescues them from all their troubles. – Psalm 34:17

Drafted

May 21, 2025

Meeting Date

June 12, 2025

Derek Luk, Senior Policy Advisor

Nicole McInerney, Acting Chief Communications Officer, Policy, Government Relations & Strategy

Maria Meehan, Superintendent of Special Services, Special Education, Mental Health and Well-Being

RECOMMENDATION REPORT

Vision: *IN GOD'S IMAGE: Growing in Knowledge, with Justice and Hope.*

Mission: *Nurturing the faith development and academic excellence of our Catholic learning community through the love of God, neighbour, and self.*



Brendan Browne
Director of Education

Adrian Della Mora
Associate Director of Academic
Affairs & Chief Operating Officer

Derek Boyce
Associate Director of Corporate
Services and Chief Commercial Officer

Ryan Putnam
Chief Financial Officer and Treasurer

A. EXECUTIVE SUMMARY

To provide the Board with a proposed updated Mental Health and Well-Being, formerly S.03, (Appendix A - Tracked and Appendix B – Clean).

The cumulative staff time required to prepare this report was 10 hours.

B. PURPOSE

The proposed updated policy follows GAP's direction to review student-facing policies during the 2024-2025 school year.

C. BACKGROUND

1. The Mental Health and Well-Being Policy was last reviewed in September 2017.
2. On June 17, 2024, the Ministry of Education released Policy/Program Memorandum 169 (PPM 169) - Student Mental Health that required school boards to provide culturally responsive, evidence-informed student mental health promotion, prevention and early intervention supports and services that respect students as individuals with diverse needs and experiences.
3. On October 1, 2024, GAP approved the review of the Mental Health and Well-Being Policy in the 2024-2025 school year.
4. On March 4, 2025, GAP approved the work plan to ensure the updated policy is in alignment with PPM 169.
5. On June 3, 2025 GAP approved the updated Mental Health and Well-Being Policy.

D. EVIDENCE/RESEARCH/ANALYSIS

1. The processes and supports in place via the TCDSB's Mental Health Action Plan 2023-2026 address the PPM's requirements.
2. The proposed updated policy includes revisions such as:
 - i. Language from the policy section from the current policy moved into proposed Regulations (1 – 4).
 - ii. A definition of School Based Support Learning Team to ensure clarity.

E. METRICS AND ACCOUNTABILITY

1. The policy will be reviewed every five years and associated process guidelines will be reviewed annually.

F. GAP RECOMMENDATION

1. GAP recommends to Board that the proposed Mental Health and Well-Being Policy provided in Appendix A (tracked) and Appendix B (clean), be approved.