



REPORT TO

## STUDENT ACHIEVEMENT AND WELL BEING, CATHOLIC EDUCATION AND HUMAN RESOURCES COMMITTEE

### ANNUAL DPA UPDATE 2015-2016

*"Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul." 3  
John 1:2*

Created, Draft	First Tabling	Review
May 24, 2016	June 2, 2016	<a href="#">Click here to enter a date.</a>
D. Koenig, Superintendent of Education, Curriculum and Accountability		
<b>INFORMATION REPORT</b>		

**Vision:**

*At Toronto Catholic we transform the world through witness, faith, innovation and action.*

**Mission:**

*The Toronto Catholic District School Board is an inclusive learning community rooted in the love of Christ. We educate students to grow in grace and knowledge and to lead lives of faith, hope and charity*



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## **A. EXECUTIVE SUMMARY**

This report provides a status update in regards to the implementation of daily physical activity for 20 minutes in all TCDSB elementary schools as per Policy Program Memorandum #138 from the Ministry of Education.

## **B. PURPOSE**

1. The Board of Trustees have requested a yearly update on the status of implementation for the 20 minutes of daily physical activity required by the Ministry of Education.

## **C. BACKGROUND**

1. Policy Program Memorandum 138 mandated all Ontario School Boards to implement daily physical activity for 20 minutes in all elementary schools. Consequently, school boards must ensure that all elementary students, including students with special needs, have a minimum of twenty minutes of sustained moderate to vigorous physical activity each school day during instructional time. The goal of daily physical activity is to enable all elementary students to improve or maintain their physical fitness and their overall health and wellness, and to enhance their learning opportunities. Daily physical activity may include walking, active games, dance, aquatics, sports, and fitness and recreational activities, where facilities permit (Appendix A).
2. The Board of Trustees have requested an annual report on DPA to be presented at the June Student Achievement meeting.

## **D. EVIDENCE/RESEARCH/ANALYSIS**

1. The Curriculum and Accountability Department conducted an online survey for principals and students to complete (Appendix B). The principal survey was sent to all elementary principals. The student survey was sent to 24 schools that were randomly selected, representative of all regions of the TCDSB (3 schools per area). The survey indicates that the majority of

students continue to enjoy DPA in their elementary school. The main concern highlighted by principals to full implementation of DPA continues to be the timetabling challenge in the scheduling of the school's specialty teachers. Successful implementation, both noted by Ministry staff and our own teachers and principals, highlights a school wide approach that uses a common time for DPA to occur in the school. The scheduling of the specialty teachers has continued to create a challenge when implementing a common time for all classes to participate in DPA activities.

2. Principals appreciated many of the resources that were sent to the schools and specifically noted the following resources (Appendix C):
  - a) DPA in Your Class
  - b) Winter DPA Activities (Toronto Public Health)
  - c) OPHEA Fitness Activity Cards
3. The reduction of program coordinators has resulted in a different approach to supporting schools with the implementation of DPA. We have provided to schools specific resources that could support schools and teachers with the implementation of DPA. These resources do not require support through professional development for implementation in the classroom, outside or in the gymnasium. The resources are descriptive and self-explanatory allowing the classroom teacher to implement the activities to support their DPA program.
4. Our Health and Physical Education teacher has ensured that any professional development sessions offered to our classroom teachers and our HPE specialists included a component on supporting and implementing DPA in the regular classroom.

## **E. METRICS AND ACCOUNTABILITY**

1. Area Superintendents will confirm during a school visit with the principals that all elementary school classrooms have a scheduled DPA time within the classroom timetables and encourage, as much as possible, the use of student leaders conducting the DPA sessions at a common school time.
2. Our HPE resource teacher will continue to provide information regarding the implementation of DPA at the elementary level during all appropriate professional development sessions held during the 2016-2017 school year.

3. The HPE Department will continue to work with the Partnership Development Department to support the increase of physical activity within our elementary schools.

## **F. CONCLUDING STATEMENT**

This report is for the consideration of the Board.